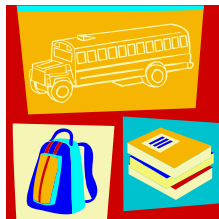


INVERARITY PRIMARY SCHOOL

PRIMARY 1 INFORMATION SHEET

We are looking forward to welcoming your child into Primary 1. Here at Inverarity Primary we want to make your child's transition to Primary 1 as seamless and worry free as possible (for both you and your child!). We have created this Information Sheet as a guide for parents/carers and we hope you find it useful.



STARTING SCHOOL

You will be provided with the actual date that your child will commence school. School hours are **9.00am-3.20pm (Lunch from 12.30-1.30pm)**.



CLOTHING ETC

The children are rightly very proud of their school and like to wear the school uniform. The school uniform consists of the following items-

- red sweatshirts or cardigans (Orders for uniforms are usually taken 3 times each year)
- white or red polo shirts
- **grey** trousers, shorts, skirts or pinafores

Please only provide your child with items of clothing which they can put on and take off independently. e.g. No lacing up shoes unless they can tie their own laces. Please ensure that all items of your child's clothing including shoes and other personal items are clearly marked with his/her name. Your child should bring a waterproof jacket everyday rain or shine!

Your child will require a painting apron for art and craft work. This could be a purpose bought item or an old t-shirt/shirt would do.

Your child should be provided with a school bag, preferably waterproof. It should be large enough to take a magazine sized book and preferably have a separate pocket for snack.

Children should also bring a water bottle (sports top type) for drinks (water only) throughout the day labelled with their name.

SNACKS/TUCK SHOP

Most children have a snack to eat during morning interval. We would encourage the children to have a healthy snack e.g. a piece of fruit. Our Primary 5-7 pupils run a fruit tuck shop at morning break time items of fruit cost between 10p-50p. There is also water for sale.

Our Parent Council organise a Fruity Friday once per month. Details of this will be in your child's homework diary. Any parents wishing to volunteer to help with Fruity Friday should contact the school.



P.E LESSONS

Children require a T-shirt, a pair of shorts, gym shoes, a gym bag and also a hair bobble and/or hairband for those with long hair which can obstruct their vision. Although plimsolls are ideal for gymnastics work more substantial shoes are better for P.E. e.g. trainers. (Please note that trainers with astro turf soles are not suitable for our gym hall as they do not have enough grip and the children slide on the floor.) These items will be kept in school during term time and returned at holidays for washing and size checking. Angus Council policy states that **jewellery must not be worn during gym/drama lessons**. Therefore we would advise that children do not wear jewellery to school on these days unless they can remove and replace items (particularly earrings) themselves. If your child cannot remove their earrings or other items of jewellery parents/carers will be required to provide micropore/surgical tape which the children can use to cover their jewellery.

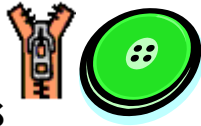


SCHOOL DINNERS

School dinners will be available to primary 1s when the children are in school on a full time basis. The cost of a meal is £2.00. We would be grateful if you could pay on the first day of the week (if possible) especially if your child is going to have school dinners most of the week. There may be times when your child will have an unplanned lunch during the week which is absolutely fine and payment can still be made on the day. Any money for unused lunches that have been paid for will be returned to you or carried forward to the next week.

Children bringing packed lunches are encouraged to think about healthy options. (Please see enclosed leaflet created by our P1-4 pupils.) Parents should note that knives and other sharp utensils should never be included in packed lunch boxes/bags. Children may borrow plastic knives from the school dinners' cutlery.

Children are not permitted to bring cans of fizzy juice, glass bottles or flasks containing very hot liquids.



SELF HELP SKILLS

Please spend the time between now and the start of school encouraging your child to become as independent as possible in the following areas –

Toileting skills (ensuring they can clean themselves properly)

Changing clothes and dressing themselves, this is very important for gym days.

Fastenings e.g. shoelaces, fastening buttons & zips etc. Please remember children should only have shoes with laces if they are able to tie these themselves.

One of the main challenges children experience early in P1 is learning how to concentrate for a period of time in order to be able to complete activities. It would be most helpful therefore if you could encourage your child to complete activities they are engaged in at home before moving onto something else. Perhaps give them tasks around the home where they are required to listen and carry out instructions e.g. get a nappy for the baby, put the papers in the bin etc.



HOMEWORK

Your child will be given a homework wallet provided by the Parent Council. All school books and jotters should be carried to and from school in the homework wallet. Inside the wallet there will also be a homework diary which should be checked each night and signed by the adult supporting the child with their homework. There is a space in the diary for comments. Comments only need to be written if there is something significant to say, however, some parents like to write a comment each day.

Homework tasks are given to support your child's learning in school. If at anytime a homework activity becomes stressful for your child and you are unsure how to support them please stop the activity until you have the opportunity to speak with the class teacher.

Initially homework activities will consist of learning sounds, single words and reading book activities. Spelling and maths activities will be introduced later on.

Your child will not require a pencil case or pencils, pens etc. for school. Please keep pencil cases at home and use these for homework activities.



ASTHMA

Tragically every year there are asthma related deaths in schools. Angus schools have been working very closely with the NHS over the past few years to improve the health and safety of children who have asthma. New guidelines and procedures are in place and we would ask that if your child has ever suffered from asthma that you ensure you inform the school.

We require you to complete some forms and ask that your child has an asthma inhaler which will be kept permanently in school. Your child should also carry an inhaler which is kept on their person at all times. (This is especially important for children travelling to and from school by bus.) There should be no problem with you obtaining these inhalers from your GP and we have been asked by NHS staff to inform them if there is a problem.



MEDICINES

Should your child require school staff to administer medication e.g. anti-histamine, antibiotics or creams etc. at any time you are required to complete a medication form. School staff are not permitted to administer any medication without this form being completed and signed by a parent/carer.



PARENT COUNCIL/VOLUNTEERING

At Inverarity we encourage parents to be actively involved in the life of the school. One way for parents to do this is to be a member of the Parent Council. The Parent Council provide help and support for many of the additional activities we are able to provide for your child e.g. parties, workshops, visits. We would encourage you to attend meetings and help in any way you can to support the Parent Council.

The children also benefit from the time given by adults who volunteer to come along and help in the school. Parents, grandparents, extended family members, friends are all welcome to come along and share their skills. We are always looking for volunteers to help with the school garden, fruit tuck shop, library and reading activities, fundraising etc. Please let us know if you are able to help.